10 tips for practicing Green Volunteering in Costa Rica

A small action from you can make a big difference for the planet and your neighborhood.

The carbon footprint it's a way to measure our environmental impact in terms of climate change. It includes all emissions produced directly or indirectly, for example:

- The energy we use at home or at work.
- Transportation (car, bus, airplane, etc.).
- The production and transport of the food we eat.
- The manufacturing of goods and services we purchase.



Recycle properly

Find out how recycling works in your new community. Apply your knowledge with respect.



Reduce your carbon footprint

Use public transport as much as you can.If possible, use bicycle in your community.



Consume local and seasonal

"La Feria" is a fruit & vegetable market on weekends in each town. Help local farmers, good prices always.



Give your clothes a second life

Buy fewer new clothes. Choose swaps, second-hand options, or repair garments instead of throwing them away.



Optimize water use

Turn off the tap while brushing your teeth, take shorter showers, and collect rainwater we have plenty during 6 months per year.

Save energy

Turn off lights and unplug devices you're not using. Take advantage of about 11 hours of daylight every day.



Avoid single-use plastics

Use reusable bottles, fabric bags, and your own cutlery.



Consume consciously

Before buying something, ask yourself if you really need it. Avoid overconsumption that creates more waste.



Join volunteering or cleanups

Take part in environmental initiatives in your new community and in your own project. You can also propose new ones.



Get informed and share

Follow environmental accounts, podcasts, and projects. Share good practices with friends and ACI to inspire positive change.



Green Volunteering:

It is a network of **awareness, support and visibility** for environmental actions in ACI. It's goal is for ACI volunteers to **develop the program with the smallest possible ecological footprint** and actively contribute to environmental balance.

We connect volunteers communities, and organizations to promote active participation in activities such as: **garbage collection, recycling campaigns, tree planting, environmental education,** and more. We will **inform, connect, and mobilize** our volunteers toward existing green actions.