

Final Activity Report

Exploring the Potential of Volunteers in HIV and AIDS Education and Prevention

Training course for youth workers in EU and SEE countries



23.09 – 29.09.2006

Birmingham, UK



This project has been carried out with the support of the YOUTH programme of the European Community.



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Introduction

This document is the activity report of a training course for youth workers run jointly by the ICYE International Office, Freshwinds and ICYE UK in September 2006 at Freshwinds Birmingham headquarters.

The Youth Programme Action 5 activity was a support measure to a theme-related EVS project which is currently being implemented in EU and SEE countries. It brought together volunteer coordinators of youth NGOs and project supervisors of future EVS host organisations active in HIV/AIDS prevention to empower them to network and engage in partnerships around volunteer exchange projects under the EVS programme.

The 24 participants from 5 EU and 5 SEE countries were trained on the context specific situation of HIV/AIDS education in EU and SEE countries, as well as on the practical aspects of developing and managing international volunteer exchange projects under the EVS programme scheme.

The programme included inputs by experts, transfer of know-how, discussion groups and workshops as well as project visits to HIV/AIDS prevention and care projects in Birmingham and surroundings providing first hand learning opportunities.

The participants also explored the contribution and value of international volunteering projects for the HIV/AIDS prevention and care sector, agreed on common standards for preparation and support of EVS volunteers in this context, and developed ideas for future bi- and multilateral projects, which could be implemented within the newly established network.

Participants greatly appreciated the opportunity to visit four different HIV and AIDS prevention and care projects in the Birmingham area and to talk to the respective project coordinators.

The Birmingham TC was particularly successful in developing new - and strengthening existing - partnerships between the present EU and SEE organisations. It enabled participants to learn from good practice and to develop common quality standards for the implementation of future EVS projects in the field of HIV/AIDS prevention. Furthermore a number of follow-up projects between EU and SEE partner organisations resulted from the training course some of which are presently being considered for submission.

We would like to thank all participants and partner organisations for their valuable contributions, enthusiasm and group spirit which created a positive and warm working atmosphere and led to promising results.

Andreas Schwab
International Office



Programme Overview

Day 1	Saturday, September 23, 2006
19:00	<i>Dinner</i>
20:00	Welcome and presentation of the organizing team
20:30	Informal get-together
Day 2	Sunday, September 24, 2006
08:30	Breakfast
9:30	Departure by bus to Freshwinds meeting room
10:00	<ul style="list-style-type: none"> • Getting to know each other • Expectations • Introduction to ICYE / Reflection on objectives of the training and of the envisaged EU-SEE EVS project • Programme presentation
11:30	Coffee break <ul style="list-style-type: none"> • Introduction to participants' organisations/projects
13:00	Lunch
15:00	Visit and introduction to the EVS host organisation Freshwinds. Tour of Birmingham City Centre, taking in landmarks and attractions.
19:00	Return to Hotel and dinner
Evening	Intercultural Evening (country presentations)
Day 3	Monday, September 25, 2006
08:30	Breakfast
09:30	Departure to Freshwinds Meeting room Presentation: "THE EU YOUTH Programme – Opportunities for EU-SEE co-operation"
11:00	Coffee Break
11:30	<i>Working groups:</i> Assessment of results of previous EVS projects in the field of HIV/AIDS prevention and discussion on major challenges to be kept in mind for the cooperation within the upcoming EVS project.
13:00	Lunch
15:00	HIV/AIDS Education and Prevention from a global and regional perspective: Presentation about the situation of HIV/AIDS work on global level by Steven Inman(Crusaid / participant to Toronto conference)
16:30	Coffee Break
17:00	Presentations on situation of HIV/AIDS work in the participating South East European and EU countries
18:00	Plenary Discussion
18:30	Return to Hotel and Dinner
Day 4	Tuesday, September 26, 2006
08:30	Breakfast
09:30	<i>Departure to Freshwinds Meeting room</i> Developing and Managing EU - SEE International Voluntary Service Projects: <i>(Introduction followed by working groups)</i>
11:00	Coffee Break
11:30	<i>Presentation of working group results in plenary and discussion on:</i> <ul style="list-style-type: none"> - "The contribution of EVS to HIV/AIDS prevention and peer sexual health education work in EU and SEE countries"

- Agreement on common quality standards regarding contents and methodology as basis for the future cooperation

Mid-Term Evaluation

13:00

Lunch

15:00

Training in groups on EVS Project Implementation

- Intercultural learning as basic training concept
- Task distribution of actors in multilateral EVS projects
- How to train and support host placement supervisors and EVS volunteers in all project phases
- Role of mentors, how to select and train them
- Project monitoring and reporting requirements

16:30

Coffee break

17:00

- Main contents of Pre-departure, On-arrival, Mid-term and Final Evaluation meetings – considering particular training needs of volunteers working in the field of HIV/AIDS

18:00

Presentation by training groups in plenary

18:30

Return to hotel and dinner

Day 5

Wednesday, September 27, 2006

08:30

Breakfast

09:30

Departure to Freshwinds Meeting room

Lecture “Exploring the potential of volunteers in HIV/AIDS prevention work in Western and Eastern European Countries”

11:00

Discussion in nationality mixed working groups on:

11:30

- strategies of prevention work in Eastern and Western European countries
- legislation / obstacles to prevention work
- Availability of governmental or other support

13:00

Lunch

15:00

Project Visit to local HIV/AIDS prevention projects / potential voluntary service placements,
 Evaluation of visit/meetings: Discussion on the situation of HIV /AIDS prevention work in the UK. Comparison of the situation in European Union countries and South Eastern European Countries’

18.30

Return to hotel and dinner

Evening

Evening in town

Day 6

Thursday, September 28, 2006

08:30

Breakfast

09:30

Departure to Freshwinds Meeting Room

Open space to develop ideas for future theme-related EU-SEE bi- and multilateral EVS projects as well as support measures related to HIV/AIDS prevention

11:00

Coffee Break

11:30

Project development workshops

13:00

Lunch

15:00

Recommendations and Planning of Follow-up regarding:

- Documentation of the training courses’s results
- How to spread the word and ensure long-term cooperation?
- toolkit for trainers of EVS volunteers in HIV/AIDS prevention projects

17:00

Final evaluation

18:00

Return to hotel and dinner

Evening

Farewell Party

Day 7

Friday, September 29, 2006

A.M

Breakfast

Departure of Participants

Daily Reports by participants

Day 1: 24.09.2006
Session: Morning
Activities: Introduction/Programme
Presentation

Sunday morning saw the groups first visit to the Freshwind's office that would provide a base for the training course throughout the week ahead. Andreas Schwab of the ICYE International Office on behalf of the organizers welcomed all participants and wished a fruitful training course in a pleasant working atmosphere and a good group feeling. He thanked the team of ICYE UK and Freshwinds for the good cooperation during the preparation and organization phase. Mohammed Al Rahim on behalf of the local hosts continued and introduced the team in charge of the logistics and the cultural and social programme. After a short reflection and explanation regarding the objectives of the training, participants were invited to express their expectations for the seminar by putting up their thoughts on a rope on little pieces of paper shaped like underwear.

Participants stated, that they were very motivated to learn about the situation and exchange experiences regarding HIV/AIDS prevention in the participating EU and SEE countries and to get a deeper insight into the work done by Freshwinds and other HIV/AIDS organisations in Birmingham. In view of the upcoming multilateral EVS project in which some of them would be involved for the first time as sending and host organisations one of the main expectations was to clarify questions and to discuss issues related to the EVS guidelines and project implementation. Furthermore participants expressed the need to learn about each others work approach / context and to discuss which role the EVS volunteers would play in it.

After a short feedback by the facilitators' team, the programme for the week was presented in detail.

After the coffee break the participants had the opportunity to present their organisations. This was an interesting session and gave a good idea of the context in which the different organisations are working and what opportunities the multilateral EVS project could offer to them.



Day 1: 24.09.2006
Session: Afternoon
Activities: Presentations / Sightseeing tour

After finishing the presentation of the present organizations, the whole group was invited for a sightseeing tour. We were guided by Freshwinds staff. They showed us the central part of Birmingham city. We went to Brindleyplace, the IKON Gallery, The Convention Centre, Centenary square, and the Bullring shopping centre. We have seen amazing infrastructure at the locations and most of the training course participants were positively surprised with the buildings and the city itself.

Our guides did a good job in explaining the history and development of the City Centre and answered to our questions.



At 20,00 hrs we organized the Intercultural evening at the hotel which turned out to be an excellent opportunity to get to know each other better.

All participants participated in voting on whose country presentation was the best. We have seen many good presentations and enjoyed products from the different countries.

In the end Croatia was the winner of a price for the best presentation. It was a very well organized and enjoyable intercultural evening!



Day 2: 25.09.2006
Session: Morning
Activities: Presentation / Group work

The morning session began with an energizer followed by a lecture about the new "Youth in Action" Programme of the European Union. The structure of the Youth Field was presented in three categories: Socrates (education), Leonardo (vocational training) and Youth (non-formal education). The Youth in Action programme includes 5 actions: Youth for Europe, European voluntary service, Youth in the world, Youth support systems and Support for European Cooperation in the youth field.

Everybody in the training course had heard about the youth programme, around half of the participants had already organized at least one activity under the youth programme.

The EVS programme was presented in detail and all questions were answered.

To enable a discussion in smaller circles the participants were divided into three groups. Each of the discussion tables used the SWOT ANALYSIS (Strengths, Weaknesses, Opportunities, Threats) method which aimed at recognizing the potential risks and benefits of engaging in the EVS programme.

Please find below summaries of each of the groups' results / ideas:

1. Group I

Strengths:

- Fosters volunteering
- Educational ability
- Capacity building
- Experience to manage projects
- Unity of purpose
- Local and international networking

Weaknesses:

- Lots of staff time sometimes needed for supporting the volunteers
- Volunteer qualifications are sometimes not sufficient
- Financial base in some countries not sufficient
- Lack of information (about volunteers)
- Language barrier
- Communication & cooperation

Opportunities:

- Benefit of cultural understanding
- Outreach to community (by authentic people)
- Impact on local-cultural attitudes
- Exchange of experience

Threats:

- Under-funding
- Suitability of the applicant
- Local-cultural attitudes
- Legal/Political sensitivities
- Selection of volunteers

2. Group II

Strengths:

- Learning opportunities
- Motivated Volunteer/Host
- Prepared host organization
- Quality on work
- Selection process
- Mutual exchange of sensitive awareness

Weaknesses:

- Lack of motivation
- Extra work for Host/Volunteer
- Language barrier
- Cultural differences
- Host/Volunteer may not meet expectations
- Meaningless tasks

Opportunities:

- Experiences
- Intercultural learning
- Personal development/professional
- Knowledge of HIV/AIDS
- Exchange of good practices
- Networking

Threats

- Environmental
- Feeling like a fish out of water
- Volunteer not fitting in
- Work harder than expected
- Emotional involvement with reality of work

3. Group III

Strengths:

- Fresh motivation
- Help (another pair of hands)
- Learning experience
- New point of view
- Very detailed project

Weaknesses:

- Language barrier
- No standards
- Not enough information previously to service
- Supervision/Supervisor sometimes not available

Opportunities:

- Pre-departure visit/better preparation of the volunteer
- Enable communication between volunteer & HIV/AIDS center
- Good training for volunteer
- Host should be prepared
- Paid mentor

Threats:

- Prejudices/stereotypes
- Supporting volunteers can be very time consuming

Conclusion: most of the groups had the same propositions. They all agreed that hosting international volunteers can be of great benefit for the respective host organisations. Volunteers can be very helpful and contribute to build capacities of organizations and in most cases bring new perspectives and an intercultural dimension. The discussion groups furthermore agreed that there are lots of potential challenges and that good planning and structures will be required to pre-empt and overcome these.



Day 2: 25.09.2006
Session: Afternoon
Activities: Keynote speech / Discussion

After a delicious lunch cooked by a team of African women, the afternoon started with the Lecture: HIV/AIDS Education and Prevention from a Global and Regional perspective

The speech was presented by Steven Inman, head of grants and projects at Crusaid and participant at the Toronto conference.

After his introduction Mr. Inman started to introduce the reality of the HIV/AIDS in UK and its global dimension.

He presented the facts as follows:

In 2005

- in the UK, 59.000 people are infected by HIV/AIDS
- in Global dimension 42 million infected by HIV/AIDS
- of which 2.3 millions were children under 15
- 700.000 children were newly infected
- and 3.1 millions died from HIV

The Activities that Crusaid focus on include:

- The hardship fund for people living with HIV who may need extra, one off financial support (to buy household equipment etc)
- Testing, Education and Preventions (there are six Crusaid Clinics in the UK)
- Mental Health Work
- Advocacy peer to the lesbian and gay community.
- A programme in South Africa

The presentation continued with a report on the findings of the Toronto conference and a plenary discussion about the main challenges HIV/AIDS poses for young people and youth organisations.



Day 3: 26.09.2006
Session: Morning
Activities: Presentation / Training groups

Tuesday morning kicked off with a presentation about "Developing and Managing EU-SEE international voluntary service projects". Rocio guided the group through a typical EVS multilateral project cycle, as follows:

Potential EVS Multilateral Project Cycle

March 06	Project planning Finding partners Project drafting
June 06 –	Project submitted to European Commission (EC)
Sept 06 –	EC decision -> NO -> Yes
Oct/Nov –	If Yes- Contract with EC
Nov 06 –	Recruitment of volunteers
Dec 06-	Selection matching
Jan 07 -	Preparation of volunteers
Feb 07 -	Preparatory Training of volunteers in Berlin. Depart for hosting countries
June 07 -	Mid term evaluation meeting
Nov 07 –	Final evaluation meeting in Berlin
Dec 07 –	Follow up
Jan 08 –	Final report to EVS

After this presentation the participants were split into the following groups to look at different practical aspects of organising and managing an EVS project. Here are the results:

Group task:

Group 1
Andrea, Nertila, Andrija, Amela, Jana , Karina

Group 1 were asked to discuss the following issues:

- 1)Volunteer Profile
- 2)Preparation of EVS volunteers
- 3)Recruitment , Selection, Matching

4)Preparation of practical arrangements for hosting volunteers

1)Volunteer profile

- Strong motivated, patient, responsible, flexible,
- Open minded, positive
- Desire to work in prevention and education work in HIV/AIDS
- Previous experience not needed
- One-week introduction
- Desirable that the volunteers has already worked in HIV/Aids organization
- Mature
- One common language (english, local language)
- Attitudes / beliefs, (adequate flexibility for working in sensitive area)

2)Preparation

- Face to face interview
- Week introduction
- Evaluation, information session
- More meetings for technical arrangements
- Information pack + contract HO/ SO
- Task descriptions
- Information about the country
- Situation of HIV/Aids in the country
- Description of work with target group

3) Selection criteria

- Detailed application form and motivation letter
- Documentation of previous experiences
- References and referees' contacts
- Report on candidate by SO

4)Practical arrangements

- Food and accomodation
- In appartments, safe area, access to all facilities and introduced to local community

Group 2

Anisa, Snezhana,Rosia, Sofia, Jan, Marko, Jelena

Group 2 were asked to discuss the following subject area:

- 1)Role of volunteers and tasks in the field of HIV/ Aids prevention work

They came up with this list of potential tasks to consider:

- Research
- Translation work
- Administrative tasks
- Helping with training in the organization
- Newsletter editing
- Producing material
- Filming
- Updating website
- Helping with organising event
- Support in peer education
- Workshop in english
- Helping with outreach programme
- Updating info stands
- Attending volunteers meeting
- Networking
- Help assisting patients with domestic tasks
- Decoration works
- Check materials
- Helping with exhibitions
- Support in workshops
- Conflict resolution

Group 3

Tanja, Nena, Jenny, Eni, Kate, Muhamed, Lorena

Group 3 considered the following areas:
Monitoring/Support and Evaluation
of the Volunteer

- Good supervision
- Regular reporting
- Writing reports
- Evidence
- Midterm evaluation
- Conflict resolution
- Good supervision
- Early resolution is the key
- Good risk assesment and appropriate accomodation
- Good working relationship with partners
- Clear Chain of concern
- To solve the problem locally first
- Methods and resources
- Regular Volunteer meeting
- Non training camps
- Lead person is the key
- Clear hierarchy
- Clear roles
- Understanding aims
- Clear communication
- Support

- Cultural support
- Language support
- Job role support
- Social support

Intercultural learning

- Cultural local explanation
- Local customs
- Two way exchange
- Encourage volunteer to share their culture
- Integration in local community
- Positive exposure to local community
- Hosts
- Sports club
- Youth clubs
- Dance clubs



Day 3: 26.09.2006
Session: Afternoon
Activities: Group work

After another delicious lunch the afternoon training session focused on how to organise an effective training cycle for the volunteers

All participants were divided into 3 groups with different tasks. The first group prepared the pre-departure training seminar curricula, the second – on arrival training curricula and the third – mid-term and final evaluation meeting curricula.

The first groups decided that pre-departure training should involve:

- Information on EVS
- Basic info about youth programme
- Practical information (working days, holidays)
- Rights and responsibilities of both sides (volunteer and host org.)
- Expectations/fears
- Different actors/roles
- Getting to know each other
- ICL / cultural shock (stereotypes and prejudices) identity issues
- Crisis management and conflict resolutions
- Short information about project and host organization
- Share experience with ex-EVS
- HIV and sexual health topics

Methods for training are: role plays, ice breaking, presentation, quiz, waiting list, etc.

The second group's task was on arrival training. The group decided that the duration could be 3-5 days, and the location should be in some other place than the office. The main topics to cover:

- Information about EVS (philosophy, rights, responsibility)
- Volunteering context in relevant country
- Country Culture (history; main information about typical life, gender/sexuality (do's and don'ts)

- Country information and technical information (travel/insurance, hospitals, practicalities, police office)
- Volunteers' hopes/fears/expectations
- Intercultural learning
- Language courses
- Crises interventions (problem solving, conflict resolution, chain of concern)
- Information about hosting and coordinating organizations (history, work/practices, ethos, rules, working ours, etc.).
- To know more each others
- Main information about HIV/AIDS and prevention activities in the country

Methodology:

- Group discussions
- Games (intercultural learning, ice breakers, energizers)
- Team building (involve staff), etc.)
- Lectures
- Role plays (forum theatre)
- Quizzes
- Collages
- Letters to themselves
- Mapping
- Excursions/Films about country
- Video

The third group prepared the Mid-term and Final Evaluation meetings' curricula. Their presentation was based on SEE countries and they had chosen to work on a concrete example: the joint mid term evaluation which would be organized by ADP ZID in Tirana in December 2006 for 7 volunteers from all SEE countries.

Composition of team:

Organized by ADP ZID, BALKAN IDEA and CAZAS

Participants: 7 volunteers and 7 supervisors or someone who is in direct contact with the volunteers.

Trainers – to be decided by organizing team.

Contents of 3 days meeting:

- Evaluation of the volunteers situations and feelings so far

(living environment, working environment, expectations, emotions, integration, learning experiences, potential development and review of tasks)

- Evaluation of the host organization's experience with the volunteers (relationship with volunteer, challenges, possible improvement)
- How to write the final report;
- Planning of the volunteers future activities;
- Project visit and discussion on the theme and work context

Methods for the meeting:

- Separate meetings for volunteers and host organizations and presentation of results in plenary;
- Presentations by volunteers;
- Intercultural games, group building activities and role plays (some difficult or funny situations);
- Presentation about HIV/AIDS situation – project visit – discussion;
- Short feedback to sending organization (in this case the ICYE international office and sending organization);
- Brainstorming and clustering.

They found that contents and methods for final evaluation meeting could be the same as for the mid term meeting. They added only three new points.

- Written final reports from host organization and volunteers;
- Evaluation of cooperation experience with volunteers;
- Feedback from volunteers and suggestions.

The afternoons training sessions finished off with a MID-TERM TRAINING EVALUATION

The results of this were as follows:

Most of participants were satisfied on seminar topics, most of them know more about HIV/AIDS situation in the region, information about work with risk groups and main activities of preventive work on this field. They had met new persons,

new contacts and friends. The facilitators and staff agreed that it is enriching to have so many different organisations and motivated young people present enabling a fruitful give and take. All participants agreed that the working atmosphere had been very good so far.



Day 4: 27.09.2006
Session: Morning
Activities: Lecture / Discussion

The morning session started with a lecture by Mohammed Al Rahim, founder and chief executive at Freshwinds on:

“Exploring the potential of volunteers in HIV/AIDS prevention work in Western and Eastern European Countries”

The powerpoint presentation (see annex) was followed by a discussion in nationality mixed working groups on:

- strategies of prevention work in Eastern and Western European countries
- legislation / obstacles to prevention work
- Availability of governmental or other support



Day 4: 27.09.2006
Session: Afternoon
Activities: Project Visits

After the lunch break, Freshwind's staff introduced us more closely with the Freshwinds work, and we had a study visit through the offices. We had the longest chat with Terence, who introduced us to some methods of the work with the African and Caribbean community in Birmingham. They go directly to the community, and recruit their volunteers and coworkers from there, so they can more easily approach/work with this community. After a short, but quality walk through Freshwind's offices, we went to the city to visit some organisation who work in the field of HIV/AIDS with different target groups:

§ First, we visited "ADCARE". Mrs. Sajda Atiq, Project Manager, introduce us the history of ADCARE and present work. Mostly, the project is for ex/prisoners, drug users, alcohol addicted, mental health problems and people living with HIV/AIDS. By offering support with accommodation arrangements ADCARE enables those people to integrate with a community and to live in dignity.

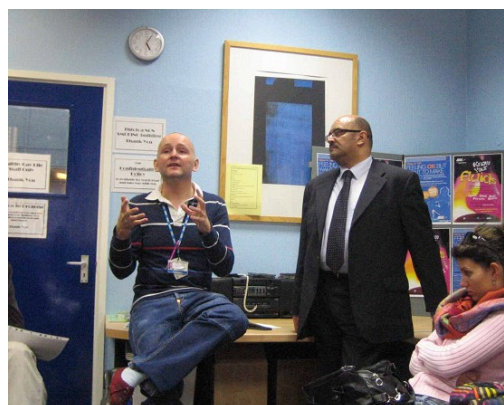


§ After ADCARE we visited the "Terence Higgins Trust" (THT). Mr. Matthew Keogh, Services Manager of THT introduced their work. Mostly they support the community and work on HIV prevention. They also have partnership

relationship with other organisations. Also, they provide different treatments, give medical support and organize seminars... They have more than 1200 clients but only around 100 of them are HIV/AIDS infected. THT runs a rapid clinic, where people can find out whether they are HIV positive in just 10 minutes. 8 people every week come, and test.

§ The third organisation we visited was "HEALTHY GAY LIFE" (HGL)- <http://hgl.nhs.uk>. Mr. Nigel Burbidge, Manager of HGL introducee us to the work of HGL. HGL is an HIV prevention service that provides that works towards a reduction of HIV infections in the community they work with. They have 12 members of staff, and also 24 volunteers. They work on various campaigns, counselling, condom distribution, advices, prevention and promotion of healthy life. Also they have a clinic for testing, and they have around 12 people every week to test.

§ The last organisation we visited was "Abplus" – <http://www.abplus.rq.uk>. This organisation was founded by 4 HIV positive persons, and today most of the staff are HIV positive. They are a support group for people living with and affected by HIV. They offer support across race, age, gender, sexuality and lifestyle to all individuals living with and affected by HIV. They also offer therapies, food bank, tea/coffe and lunch, access to the Internet, counseling, Citizen Advice Bureau support worker, sexual advice counselling. Also every Tuesday they offer HIV, Syphilis and Hepatitis testing.



Day 5: 28.09.2006
Session: Morning
Activities: Project Development
Workshops

The morning began with a number of announcements and an agreement about the daily plan as well as the planning for the farewell party.

After that, the facilitators introduced the objectives of this session and we got post-its. We were invited to note down our individual ideas about future projects we would be interested to work on.

Each participant then stepped forward to present 1-3 ideas. The post its were clustered and ordered according to project type. After this we split into working groups to discuss the proposed projects in detail and to develop draft project proposals.

The following structure was provided to facilitate our work:

- § Aims, objectives, needs assessment, expected results
- § Main activities
- § Action plan (time, venue)
- § Partner organizations, countries involved

Participants were able to choose the following groups according to their interests:

1. training
2. youth exchange, work camp, peer education
3. EVS and support to EVS (SSV, materials)
4. Internet Resources
5. Campaigns and setting up / support to HIV work fields

11.15 – 13.00

Project development workshop

Working in small groups from 11.15 till 12.15. After that we had presentation of each group work.



1st group – TRAINING

Participants: Snezana, Tatjana, Raffaella, Jan, Marko, Nevenka, Doriana, Anisa

Content

- § HIV/AIDS field
 - EVS volunteers (for each!), session in predeparture training
 - Basic Info HIV/AIDS/Sexual health
 - ½ - 1 day
- § EVS volunteers HIV/AIDS field
 - Specific training HIV/AIDS; target groups; acceptance, methods, strategies
 - As a standard 3 days
- § TRAINING FOR TRAINERS
 - skills and lectures with experts
 - 10 days
- § TRAINING FOR MULTI-PLAYERS

- Spread off knowledges,
wisdom richness

§ SOHO

- HIV/AIDS field

2nd group - YOUTH EXCHANGE

Participants: Rocio, Sofia, Milica, Amela,
Anisa

Aims:

§ raising awareness among
youth program

§ getting to know field work

§ making yp realize global
dimension of HIV/AIDS

Needs assesment:

§ how mch workshops visits ...

§ methods

§ resources

Main activities:

§ workshops, lectures, role plays...

§ visit to relevant organisations and
projects

§ intercultural activities

§ reflecting & evaluation

§ multimedia report

Action plan:

Albania will apply in July (7 days)

Partners : Portugal, Spain, Montenegro,
Albania, Serbia

10 PAX maximum per country (8 pax
and 2 leaders)

Work camps

Aims:

Fight against stigma and discrimination

Raising awareness

Main activities:

§ designing and distributing promo
material

§ organising info stand

§ exhibitions

§ concerts

§ media

Action plan:

§ northern Montenegro(7 towns)

§ 10 days

§ summer

Partners: CAZAS

Montenegro, Albania, Serbia, Spain

3rd group: SHORT STUDY VISIT

Participants: Jelena, Muhamed, Andreas,
Jenny, Caarina

1st of February to apply, end of
September- activities start

Aim:

Orientation on HIV/AIDS local situation

Novi Sad- Podgorica –Split- Livno- Split

Podgorica- Split- Livno-Novu Sad

5 days, 20 pax (each countries 2 pax)

countries : UK, Germany, Lithuania,
Estonia, Spain

Croatia, Bosnia, Albania,
Montenegro, Serbia

Multilateral EVS

Aims :

Capacity building between EU/ SEE in
field of HIV prevention, care and support

Activities:

§ training/field work in home country
(1 month)

§ 6 months EVS

between HIV/AIDS organisations
and youth organisations

§ voluntary work in home country (on
return to cascade knowledge-
multiplier effect,

min 1 month)
Criteria:
Young people (18- 30) already working /
volunteering in HIV/AIDS area
interested in developing a career in this
area

Project should encourage participation of
young HIV positive people

To apply 1st of February
Project start on end of September

4th group - HIV/AIDS ONLINE
RESOURCE

Participants: Andrija, Denis, Janna, Dren

1. Contents

- § about this project
- § info about HIV/aids in Bih
- § database with contacts of the
HIV/AIDS organizations in bih
- § all institutions with update
contacts where people can
undergo testing, receive
support, treatments
- § prevention
- § etc (we are sure that we
forget something J)
- § faq

2. News section

- § all parties involved, will be
provided with login in order to
upload news related to the
HIV/AIDS

3. Volunteering

- § info about EVS
- § info on volunteering in
HIV/AIDS field
- § electronic application form for
volunteers who wants to join
HIV/AIDS organizations
- § evs stories and project
experiences involved in
HIV/AIDS for every volunteer
- § uk and other positive stories

4. Expert section

- § questions about HIV/AIDS
answered by experts in this
field (dr's, others...)
- § forum – live chat (to
encourage HIV)

5. Links section

- § all relevant organizations on
international level

§ partners involved links on
other created projects
worldwide

6. Partners

§ ycl, icye, Ift, Bulkan Sun
Flowers, Freshwinds, UNV etc.
(we are open!)

7. Deadline

§ February, 1st 2007.

8. Action plan

Day 5: 28.09.2006
Session: Afternoon
Activities: Plenary presentation and
Final Evaluation

The afternoon started in plenary with further presentations of the results of the morning session and agreements about the follow-up of this training course.

Mohammed Al Rahim on behalf of Freshwinds offered to engage in the development of a European support network. For this he would first circle a questionnaire among the present HIV/AIDS organisations which would aim at detecting the strengths and weaknesses of each organisation in view of support measures which could be undertaken with the support of UK donors and funders.

After a brief discussion participants from SEE countries expressed their interest to be part of this network and thanked Mohammed for taking the initiative.

Andreas Schwab mentioned that the upcoming multilateral EVS project was an excellent opportunity to put in practice the lessons learnt during this training course and asked the participants to make sure that their colleagues in the respective sending and host organisations can also benefit from their experience.

The afternoon session ended with the final evaluation for which participants were invited to reflect on and evaluate the following main elements:

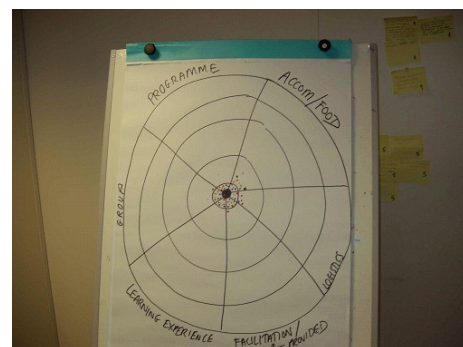
program, learning results, input provided facilitation, accommodation and food, group atmosphere and logistics.



At the end of the program the group did the final round, all participants firstly hugged, then

- thanked the organizers and facilitators,
- special thanks went to the staff of Freshwinds for their efforts for organizing such a perfect seminar and for being such good hosts
- most of the participants felt that the training course had been very successful in providing them with new information and contacts regarding HIV/AIDS prevention, which would be useful in their future work
- participants furthermore expressed that they felt more secure now to work on the implementation of the upcoming EVS project, hoping that the project would be approved and start soon
- they also expressed their wish to work on joints activities and projects in future and to stay connected with each other.

The training course ended with a fun and fantastic FAREWELL PARTY enjoyed by all!!!



ANNEX 1 / Participants List

Country	Organisation	Participants		Contact:
Albania	Albanian Society in Development	Lika	Doriana	asdalbania@yahoo.com
Albania	Aksion Plus	Subashi	Anisa	anisubashi@yahoo.com
Albania	Balkan Sunflowers Albania	Gaxho	Enisa	asdalbania@yahoo.com
Bosnia and Herzegovina	Youth Centre Livno	Vrdoljak	Andrija	andrija@cmlivno.org
Bosnia and Herzegovina	Youth Centre Livno	Jandric	Denis	denoza@cmlivno.org
Croatia	VCZ	D'Apolito	Raffaella	aniteit@yahoo.it
Croatia	Help- Split	Mardesic	Nevenka	nenasplit@yahoo.com
Kosovo	Balkan Sunflowers Kosovo	Ukmata	Dren	dren.ukmata@gmail.com
Montenegro	ADP ZID	Radevic	Mirca	milicaradevic@yahoo.com
Montenegro	ADP ZID	Turk	Marko	voc@cg.yu
Montenegro	Montenegrin Association against AIDs - Cazas	Kovacevic	Amela	ameliepaska@yahoo.com
Serbia	Balkan Idea	Baclija	Snezana	baclijas@neobee.net
Serbia	Emprona	Stojanovic	Jelena	jejajo@neobee.net
Estonia	NGO Living for Tomorrow	Tubli	Janna	jaana@lft.ee
Estonia	AIDs Prevention Centre	Dodatko	Tatjana	tanja.dodatko@gmail.com
Estonia	ESTYES	Konsap	Kaarina	kiisukeauhh@gmail.com
Germany	Mancheck	Bluschke	Jan	jan@mancheck-berlin.de
Lithuania	Deineta	Petravicius	Leonas	Csa@kaunas.omnitel.net
Lithuania	Lithuanian AIDs Centre	Stoniene	Loreta	loreta@aids.lt
Spain	Asermun	Perez	Rocio	asermun@yahoo.es
Spain	Universidad Popular de Castuera	Gonzalez Pozo	Sofia	sofigonpo@hotmail.com
UK	Freshwinds	Taylor	Myles	myles.taylor@freshwinds.org.uk
UK	ICYE UK	Smith	Jenny	manager@icye.org.uk

STAFF

UK	Freshwinds	Al Rahim	Mohammed	Mohammed.al-rahim@freshwinds.org.uk
Germany	ICYE International Office	Schwab	Andreas	icyeio@ipn-b.de

ANNEX 2 / Presentation: The EU YOUTH IN ACTION PROGRAMME



WHAT IS THE YOUTH PROGRAMME?

- Youth Programme 2000-2006 - the EU non formal learning programme
- targeting young people in 31 programme countries
- Limited access to "third countries"- in priority regions (SEE, EECA, LA)
- "Youth in Action" Programme 2007-2013 - 885 Million Euro, legal basis currently being adopted

OBJECTIVES:

- Promote young people's active citizenship/ European citizenship
- Develop solidarity and promote tolerance among young people (fostering social cohesion in the EU)
- Foster mutual understanding btw. People in different countries
- Contribute to developing support systems for youth activities and strengthening civil society organisations in youth field
- Promote European cooperation in youth field

Priorities:

- European Citizenship
- Participation of young people
- Cultural Diversity
- Inclusion of young people with fewer opportunities

EUROPEAN UNION: Structure of Youth Field

SOCRATES Education	LEONARDO vocational training	YOUTH non formal education
-----------------------	---------------------------------	-------------------------------

YOUTH:
Action 1 YOUTH FOR EUROPE
Action 2 EUROPEAN VOLUNTARY SERVICE
Action 3 YOUTH IN THE WORLD
Action 4 YOUTH SUPPORT SYSTEMS
Action 5 SUPPORT FOR EUROPEAN COOPERATION IN THE YOUTH FIELD
<http://ec.europa.eu/youth>

What types of projects does the YOUTH Programme support?

- Action 1 - Youth for Europe:
- Youth Exchange(13-25)for 2-3 weeks (exceptions possible to 30) groups of young people can meet to explore common themes and learn about each other's cultures.
- Youth Initiatives
- Youth Democracy Projects
- Pilot projects on networking (call in 2007) to link projects thematically and pool experience in a thematic field

What types of projects does the YOUTH Programme support?

Action 2 - European Voluntary Service (EVS):
Young people can spend up to 12 months abroad

- non-profit-making unpaid activity for benefit of general public
- "learning service" (acquire skills and competencies for personal, educational and professional development)
- supporting participation
- Expressing personal commitment
- Fostering solidarity (EU and non EU countries)

What types of projects does the YOUTH Programme support?

Action 3 - Youth in the world
Supporting projects with partner countries and build long lasting partnerships

- neighbour countries of the EU
- Other partner countries of the world

Activities:

- Youth Exchanges
- European Voluntary Service (under Action 2)
- Training of youth workers / sharing of experience and practises

What types of projects does the YOUTH Programme support?

Action 4- Youth support systems

- developing the quality of support structures
- support the role of those active in youth work
- develop the quality of the programme

Activities

- support for bodies active at European level
- support for European Youth Forum
- Training and networking (PLE, FV, Eval Meeting; SSV; PBA; Seminar; TC; Networking)
- Innovation and quality
- Information activities
- Partnerships, support for structures, Adding to the value

What types of projects does the YOUTH Programme support?

5 - Support for European Cooperation in the Youth field

- Exchange of good practice
- structured dialogue btw. Policymakers and young people
- Improve knowledge and understanding of youth
- Contribute to cooperation btw national and international youth voluntary activities

Activities:

- Meetings with policy makers
- Youth presidency seminars (input to EU debates)
- Youth Seminars (EU youth policies and Youth in Action programme priorities)

Who can participate?

- Young people aged 13-30 (different for each action)
- Project managers, youth workers, youth leaders, trainers or organisers in the youth field
- Non-profit-making NGOs
- Public authorities
- Others experienced in the field of youth and non-formal education
- European youth organisations which are based in a Programme country and have member branches in at least 8 Programme countries

Which are the Programme countries?

25 Member States of the European Union (EU)	+ countries which are candidates for accession to the European Union (pre-accession countries)	3 countries in the European Free Trade Association (EFTA) which are members of the European Economic Area (EEA)
Austria Belgium Cyprus Czech Republic Denmark Estonia Finland France Germany Greece Hungary Ireland Italy Latvia Lithuania Luxembourg	Malta Netherlands Poland Portugal Slovak Republik Slovenia Spain Sweden United Kingdom + Bulgaria Romania Turkey	Iceland Liechtenstein Norway

WHO is implementing the programme?

- EC
- NA
- EACEA
- SALTO

FEATURES

- Non formal learning
- Recognition of non formal learning
- Visibility
- Valorisation and Dissemination of Results
- Anti Discrimination
- Equality btw women and men
- Child protection and safety
- Multilingualism

Budget

- The YOUTH programme budget : 885 Million (2007-2013)
- Around 7-10% for cooperation with 'partner countries' will increas


NEW

- Focus on neighbours and increase of geographic scope
- Opening for participation of SEE countries
- NEW FINANCIAL GUIDELINES ie. Lumpsum EVS from 300 -450 per month
- Allowance (see table)

ANNEX 3 / Exploring the potential of volunteers in Western and Eastern European Countries, by Mohammed Al Rahim, Freshwinds

Exploring the Potential of Volunteers in Western and Eastern European Countries

Mohammed Al-Rahim
 Founder, President & CEO



Outline (1)

- Situation
 - Globally
 - Europe (East and West)
 - UK
 - Birmingham
- International Exchanges
 - Benefits of international working
 - Volunteers
 - Shaping attitudes
 - Authenticity

Outline (2)

- Training/Support
 - Understanding desires/needs
- Implications
 - Financial
 - Human resourcing cost

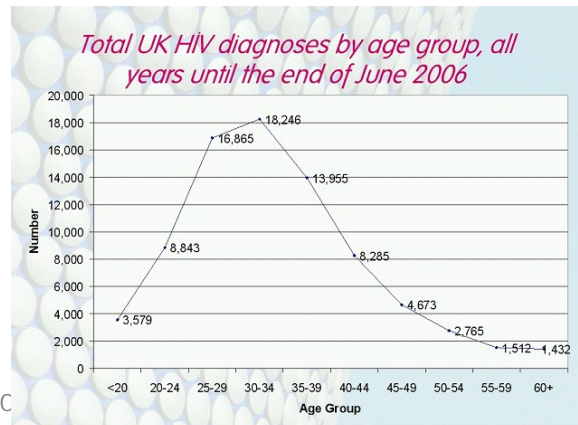
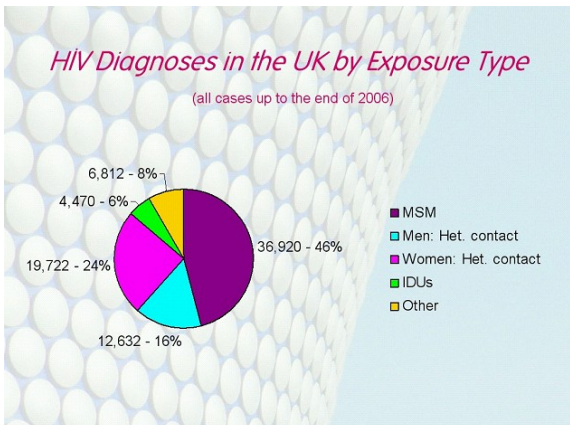
Global Situation

	(millions)
Adults living with HIV/AIDS	36.3
Women living with HIV/AIDS	17.3
Children living with HIV/AIDS	2.3
People newly infected with HIV/AIDS	4.1
AIDS Deaths	2.8
People living with HIV/AIDS	38.6

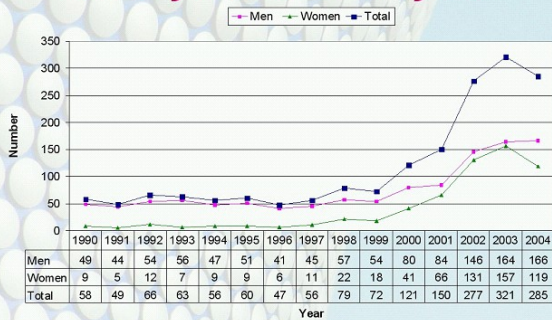
Young people (15-24 years old) account for **half** of all new HIV infections worldwide.

UK Situation

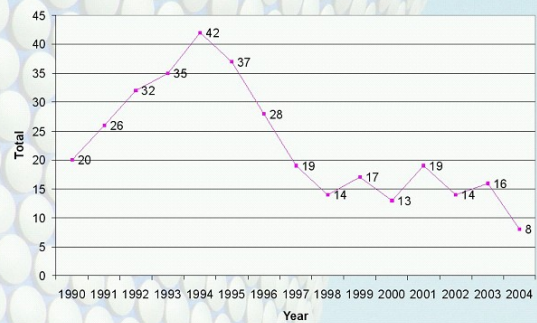
- An estimated 58,300 adults were living with HIV in the UK at the end of 2004, of whom 19,700 (34%) were unaware of their infection.
- In 2005, there were at least 7,208 new diagnoses of HIV, contributing to a cumulative total of 80,556 reported by the end of June 2006.
- There have been 22,281 diagnoses of AIDS in the UK. At least 17,014 people diagnosed with HIV have died, and at least 80% of these deaths followed an AIDS diagnosis.



HIV Diagnoses in Birmingham



Deaths within Birmingham by year



Training/Support

- Understand desires of volunteers
- Knowledge and respect of cultural differences
- Dissemination of knowledge and experience
- Application of methods

Training/Support

- Understand desires of volunteers
- Knowledge and respect of cultural differences
- Dissemination of knowledge and experience
- Application of methods

ANNEX 4 / Presentation: "HIV / AIDS Education and Prevention from a Global Perspective, by Steven Inman, Crusaid

Crusaid

Steven Inman – Head of Grants and Projects

HIV/AIDS Education and Prevention from a Global Perspective

59,000

- 59,000 in the UK
- 42 Million Globally


What has this to do with me?

- 2.3 Million children [15 and under] are living with HIV at the end of 2005
- 700,000 children were newly infected in 2005
- Of the 3.1 Million people who died of HIV/AIDS in 2005, more than 50% were under 15 years old

Crusaid


- Relief of poverty caused by HIV and AIDS
- Improve the health and care of people living with HIV and AIDS
- Educate young people about the risks of HIV and AIDS
- Promote research into ways to improve care and find a vaccine.

United Kingdom



- The Hardship Fund
- Testing, Education and Prevention.
- Mental Health
- Advocacy & Peer Support

The Crusaid Hardship Fund



- Fund of last resort
- Re-housing
- White Goods
- Respite Care
- Utility Payments
- Ordinary Living Expenses

1999 Warwick Conference

<ul style="list-style-type: none"> ■ HIV and AIDS [1] ■ 87% - Situation critical ■ 89% - Government should do more ■ 89% - A threat to the nations youth 	<ul style="list-style-type: none"> ■ HIV and AIDS [2] ■ 9% - Would donate ■ 74% - Identified it as not an issue for them or their family
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International



- Orphan Care
- Food Security
- Primary Care
- Vulnerable Communities
- Education
- Capacity Building
- Prevention
- Hospice Care



SOUTH AFRICA
Points of Light



SOUTH AFRICA
Undomi Vulamehlu



SOUTH AFRICA
Undomi Vulamehlu



SOUTH AFRICA
Hannan Crusaid Clinic



Botswana
Holy Cross Hospice



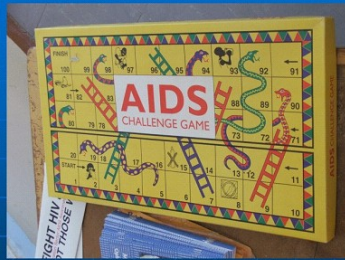
BOTSWANA
Holy Cross Hospice



NAMIBIA
SYDO



NAMIBIA
SYDO



NAMIBIA
SYDO



MALAWI
Hope Food Gardens



MALAWI
Hope Food Gardens



ZIMBABWE
Community Health Care

AIDS2006

Time to Deliver

Core Issues

- Individual levels of risk remain at core.
- The pandemic is increasingly more diverse
- Social and structural risks are the context in which HIV operates best

Old News...New News

- MSM
- IDU
- Prevention

Question

- What can we teach developing communities in the fight against HIV/AIDS?
- What can we learn from developing communities in the fight against HIV/AIDS?